Purpose
This program and journey is an opportunity for anyone interested to learn, to reflect, and to be transformed through the Orthodox Christian Faith in preparation for various ministries.

Goals
This spiritual pilgrimage is an interdisciplinary approach to create a cadre of leaders in the church. It is aimed to empower and equip orthodox Christians to nourish and share the faith in 21st century by:
• Offering frameworks and models of encountering God.
• Offering frameworks and tools in order to enhance and facilitate inner spiritual growth.
• Using Orthodox Christian theology and contemporary perspectives to encounter God.
• Gaining insights and methods to witness and share the faith.
• Enhancing leadership skills in order to contribute effectively in parish ministry and the world at large.

UNITS
1. The Sacraments and the Liturgy
2. Growing in Christ - Healthy Attachments and Detachments
3. Parables and the Scripture
4. Christian Hospitality - True Self and the Inner Kingdom
5. Relationships within the Body of Christ
6. Walking the Walk - Mentorship
7. The Life of the Spirit - What is God doing in our Lives
8. Free Will and Christian Choice

Program Interdisciplinary Leadership Team

Bishop John of Worcester and New England, D. Min. in Pastoral Care, Antiochian House of Study Instructor and Priestly Formation in Pastoral Care.

Archpriest Antony Hughes, M.Div., Pastor St. Mary Orthodox Church Cambridge MA, prison Chaplain, post graduate studies in Counseling and Pastoral Care, Internal Family System (IFS) Level 1.

Ioana Popa MD, Psychiatrist, Certified Internal Family System IFS Therapist, Level 1,2,3, Program Assistant for IFS, Board Certified Life and Organizational Leadership Coach, Psychosynthesis training Level 1, Counselor Hellenic College Holy Cross, Brookline MA.

Richard J. Robbat Ph.D. Curriculum & Instruction, Superintendent of Schools, Teacher, Antiochian Archdiocese Departments of Lay Ministry and Stewardship.

Sebastien Falardeau, PhD candidate in Theology, Chaplain Franciscan Children Hospital, Master in Theology, Master in Practical Theology (Spiritual Care), Internal Family System (IFS) Level 1.

Upcoming Dates - Semester I, Fall 2018.
Round Table Unit 1: Thursdays 7pm-9pm – Sept. 13, 20, 27; Oct 4, 11, 18, 25; Nov. 1, 15, 29.
Practicum Unit 2: Saturdays 9:30am-5:30pm – Oct. 20, Nov. 17, Dec 1.

For questions please email at popalifecoach@gmail.com or call at 617-45-7192
See Flier for more details and Registration Form