

# Orthodox Witness to Christ Program: A Spiritual Journey Fall 2020 – Spring 2022

*Antiochian Orthodox Christian Diocese of Worcester and New England*



## Orthodox Witness to Christ Program: A Spiritual Journey

*An Online Program with 4 Semesters  
2 Units per Semester*

### Purpose

This program and journey is an opportunity for anyone interested to learn, reflect, and be transformed through the Orthodox Christian Faith in preparation for various ministries.

This spiritual pilgrimage employs an interdisciplinary approach to support Christian witnessing to their faith by empowering participants to nourish and share in the 21<sup>st</sup> Century.

### TOPICS & DATES SEMESTER 2: Spring 2021

- **Two Topics during this Semester:**
  - *Relationships within the Body of Christ*
  - *Walking the Walk – Mentorship*
- **Dates:**
  - **ROUND TABLE Unit: on Th. 6:30-8 pm EST**  
*Jan 14, 21, 28*  
*Feb 4, 11, 18, 25*  
*Mar 4, 11, 25*
  - **RETREAT Unit: on Sat 10am-3:30pm EST**  
*Feb 20*

**Participants:** Laity, Christian educators, parents, chaplains, counselors, therapists, physicians and Clergy.

**Open to 30 participants only**

**Program Components:** Participants can choose to complete one unit, a few units, or the entire program.

**Certificate of Completion:** is granted to participants having attended 85% of the 8 units over 4 semesters.

**Suggested Donation:** \$50 per unit (\$100 per semester).

For questions or to register contact [Admin@WitnessToChrist.org](mailto:Admin@WitnessToChrist.org)

## GOALS For the Entire Program

- I. To offer frameworks and models of encountering God through four languages:
  1. The Sacraments and the Liturgy (*Sem 1*)
  2. Relationships within the Body of Christ (*Sem 2*)
  3. The Life of the Spirit - What is God doing in our lives (*Sem 3*)
  4. Parables and the Scripture (*Sem 4*)
  
- II. To offer frameworks and tools in order to enhance and facilitate inner spiritual growth in the following areas:
  1. Growing in Christ - Healthy Attachments and Detachments (*Sem 1*)
  2. Walking the Walk - Mentorship (*Sem 2*)
  3. Free Will and Christian Choice (*Sem 3*)
  4. Christian Hospitality - True Self and the Inner Kingdom (*Sem 4*)
  
- III. To explore Orthodox Christian theology and contemporary perspectives of psychology, medicine, chaplaincy and social sciences to encounter God.
  
- IV. To gain insights and methods to witness and share the faith.
  
- V. To sharpen and expand language and leadership skills in order to contribute effectively in parish ministry and the world at large.

## Program Interdisciplinary Leadership Team

**Bishop John of Worcester and New England**, D. Min. in Pastoral Care.

**Archpriest Antony Hughes**, M.Div., Pastor St. Mary Orthodox Church Cambridge MA; Prison Chaplain; Post graduate studies in Counseling and Pastoral Care; Internal Family System (IFS) Level 1.

**Ioana Popa** MD, BCC, Co-founder Team For The Soul; Psychiatrist; Psychosynthesis - IFS Life Coach, Board Certified Life and Organizational Leadership Coach; Counselor Hellenic College Holy Cross, Brookline MA, pursuing a Master in Theological Studies.

**Mary Lou Catelli** M.Ed., Education of Children with Special Needs; retired Instructor Providence College in Graduate School of Professional Studies; retired Teacher in Pawtucket, RI Public School District; Antiochian Diocese Worcester and New England Women President; Antiochian Women of North America Board Membership Coordinator.

**Sebastien Falardeau**, PhD candidate in Theology; MA Theology; MA Practical Theology (Spiritual Care); Director of Pastoral Care Southern New Hampshire Medical Center, Nashua NH, Co-founder of Team For The Soul; Advanced Grief Recovery Specialist; Certified Psychosynthesis Life Coach.

**Tenbit Mitiku**, M.S., Global Studies and International Relations & Sociology; experience in research, development, data management, and communication both in higher education and community engagement level.